

Introduction to Shamanism Course

Become more aware and connected to yourself, your surroundings, nature and the universe.

Tap into that inner knowledge and wisdom that we all have within.

- Do you want to connect deeper on your soul journey in this life time?
- To understand why you are here?
- Want to be more creative?
- Regain your personal strength and resilience?
- Undertake your own shamanic journey's?
- Receive healing and messages directly from your own spirit guides and ask them for support?
- Explore meanings and insights and move forward with your life.

Shamanism is the ancient Irish way of being synchronised with ourselves and nature. It is the oldest form of healing which most indigenous cultures practiced, such as the Native Americans, the Incas and the Aborigines.

Shamanism is a way of life. I have enjoyed learning, practicing and mentoring others on their own personal soul's journey. Such a privilege!

When people come to me for the very first time ever to do any type of holistic healing, we are amazed how easily people can tap into their own intuition, work with their own guides, be an active part of their own energetic healing and make positive shifts right there and then. This is why I love so much to practice Shamanism.

This course is a **one day introduction** to understanding the basics about shamanism including:

- Information about the 4 Directions, Mother Earth, universal energy and sacred space.
- Learn how to open sacred space and the 4 Directions
- Learn about your chakras and how to do a self-cleanses, your luminous energy field and self protection.
- Learn about the importance of cleansing your sacred space at home and work
- An understanding of the chakras and the aura from a shamanic perspective.
- Understanding sacred guides and power animals and opportunities to connect with them.
- Information about journeying and many opportunity to experience and develop this for personal healing and guidance
- Information about the Celtic calendar and Celtic sacred sites.
- For therapists, learn technique to integrate into your practice for yourself and your clients
- And much more....

This course offers opportunities for you to reflect, explore, share, and work with like-minded people in a safe, compassionate and healing space.

PROMOTING PROFESSION AND HIGH STANDARDS OF TRAINING



This course accounts for **7 hours of CPD points**, towards re-accreditation with the IACP and other similar organisations.

I provide CPD certificates as an approved IPHM Executive Training Provider.

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“For me Geraldine is like a warm, gentle, healing and empowering breeze that surrounds you while you are in her company. Magic is guaranteed in the sacred space that she opens with respect and truth from her heart. I simply love her.” - **Noemi**

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1 Day Course

Venue: The Dublin Wellbeing Centre, 26 Frederick Street South, Dublin 2

Cost € 175 – deposit: € Varies, see in booking link below

Contact Details: 086 3473473 or email: info@thedublinwellbeingcentre.ie

This course is a precursor to my annual residential Shamanic apprenticeship training course aligned with the Four Directions, the four Celtic festivals of Samhain, Imbolc, Bealtaine and Lughsanadh which starts in November 2026. You can read more about that [HERE](#).

The cost of this introductory course is deducted from the cost of the 4 Directions & More Shamanic Apprenticeship Training Course which takes place in Teach Bhríde, in Tullow Carlow starting in November 2026 after enrolment. More details on this [HERE](#).

If you have any further queries or would like to discuss any area of the course in more details please feel free to call me on 086 3473473

BOOK YOUR PLACE



PROMOTING PROFESSION AND HIGH STANDARDS OF TRAINING



About Geraldine Walsh

Geraldine has performed Shamanic work using a crane bag for over 10 years now and has worked professionally with many clients doing deep shamanic and somatic work. This is powerful work which involves illumination work, extraction work and soul retrieval. Geraldine has worked with the Quero in Peru, and with a visiting Mongolian Shaman in Ireland. She has run and facilitated other shamanic training courses around Ireland also.

Geraldine is an Accredited Psychotherapist, Somatic Experiencing Practitioner with clinical training, Reiki Practitioner Trainer, Shamanic practitioner and facilitator, Hawaiian Lomi Lomi Bodywork practitioner, Life Coach and Executive Coach with a background in IT and Project Management.

Geraldine has lived and worked in Germany, Turkey and London for many years and spent short spells in Italy and Portugal.

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“I attended the Shamanism Introductory Day. It was an amazing holistic experience and a very joyful day. I tapped into the Universal wisdom and knowledge through the ancient Irish Shamanic way. The environment created helped me to easily tap into the intuitive wisdom and knowledge I received which was priceless. I was also very happy with the unexpected healings I received during the day, and I am very grateful to have met Geraldine and my new friends who had participated. Thank you, Geraldine, thank you all for that wonderful experience.” David Oct 2025

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