

Introduction to Homeopathy

First-Aid Course

Homeopathy is a safe, natural, non-toxic and effective medicine. Homeopathic remedies boost the immune system which in turn kick start the body's own healing ability.

This course prepares you to feel confident prescribing homeopathic remedies for common ailments and illnesses for yourself, your family or for friends. This practice will make you, your family and friends more aware of their health, noticing and treating illness at onset. Be able to treat ailments on the spot regardless of time and place. Quick treatments that can prevent prolonged sickness and make you more perceptive to your own "Achilles Heel" and how to treat it. Become more observant to the symptoms, their onset and so treating them faster and more efficiently.

The possibility to instantly treat at onset whether at night-time or on holiday, when you or your children are feeling unwell and sick. This treatment can ensure you are ready for work and your children are ready for school in the morning. Whether on holiday or before exams or other important occasions.

This is a practice that brings you, your family and friends closer to better health and further away from serious or recurring illnesses. This is an informative first aid course and also a hands-on course preparing you to be able to use your own specific Helios first aid kit confidently. This kit contains 36 remedies and is provided and included in the course cost. Other specific constitutional remedies may be highlighted during the course. You will also be provided with an informative handbook which will be used during the course. No previous knowledge required.



1 Day Course

Venue: The Dublin Wellbeing Centre, 26 Frederick St South, Dublin 2

For larger groups, a larger local space can be used.

Cost € 270 – deposit: € Varies, see in booking link below

Contact Details: 086 3473473 or email: info@thedublinwellbeingcentre.ie



The Course covers:

- Introduction to Homeopathy, history, principle and disease
- Study acute and first aid treatment of common ailments & illnesses
- Learn how to use and administer homeopathic remedies 6c & 30c
- Learn to treat yourself, your family & friends rapidly and effectively, whether at night, on the way to hospital, on holiday, at the sports field or before exams
- Introduction to your own specific remedy kit
- Treat coughs, colds, hayfever, headaches, heartburn, nausea, travel sickness,
- PMT, shock, grief, cuts, diarrhoea, indigestion, bumps and bruises, sleeplessness, flu, nervousness, upset, the whole range of everyday ailments and events.
- My bespoke handbook also includes information for pregnancy, babies, common female & male conditions and stages of life.
- Plus some common-sense health tips and reminders

Receive a Certificate & Comprehensive Handbook & a Remedy Kit*

**If you already have a kit, let me know and we will discuss a reduction.*

This course can also be run over 2 mornings for mums or 2 evenings during the week for people working.

[CLICK HERE TO BOOK YOUR PLACE](#)

**We are an accredited training provider with IPHM
(International Practitioner of Holistic Medicine)**



If you have any further queries or would like to discuss any area of the course in more details please feel free to call me on 086 3473473