

REIKI PRACTITIONER LEVEL

1 DAY WORKSHOP

plus 1:1 follow up session

Reiki is a gentle but powerful hands on healing art. It helps restore balance and harmony to your mind, body and spirit. Used throughout the world by people of all races and belief systems, Reiki is something that can benefit people of all ages from children to adults including during pregnancy.

Reiki Practitioner Level will provide you will all aspects of stepping into your own private practice as a Reiki practitioner. This is a practical course, but I start it with a special new symbol, so as to balance the days training and keep us all connected to the loving Reiki energy.

Practical Learning:

- Mind Body Psychology – our emotions and physical body
- The role of our soul and spiritual energy
- Professional Reiki – includes all current requirements of RFI:

- Practitioner Model
- Duty of Care
- Professional Conduct
- Clinical Practice
- Anatomy & Physiology
- First Aid
- Business Awareness
- RFI Membership Code of Ethics & Practice
- Continued Professional Development
- Case Study Process – Explanation and Forms (Consultation Form Templates)
- Health & Safety & Fire Regulations
- Legislation & Regulation

- Guidelines for Reiki Practitioners working in a hospital setting
- Resources
- Code of Practice

This will be a workshop format, very much hands on, getting practical tasks and learning started already or on a ready to go list. At the end of the day, each person will have their own plan of action for 16 hours of hand on healing with 5 hours recorded, some of which will be done on the day. Learning by doing!

A one to one follow up and check in session is then provided in order to discuss and approve your case studies and complete your application to the RFI, when your certificate is provided. Ongoing support will be available from myself during this process.



1 Day Workshop plus 1:1 follow up session

Venue: The Dublin Wellbeing Centre, 26 Frederick St South, Dublin 2

For larger groups, a larger local space can be used.

Cost € 375 – deposit: € Varies, see in booking link

Contact Details: 086 3473473 or email: info@thedublinwellbeingcentre.ie

[CLICK HERE TO BOOK YOUR PLACE](#)

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I recently attended Reiki level 1 and 2 with Geraldine. Truly a wonderful and life changing experience for me. I would highly recommend for anyone who is starting out on their Reiki journey. Geraldine is a fantastic Teacher and a gifted healer with a very warm personality and ability to make you feel completely at ease, looking forward to doing my level 3.

Edel O Callaghan

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This course will also:

- Provide a wonderful relaxing time for you to reflect and heal yourself
- Boost your personal wellbeing and direction
- Include a 1:1 follow up session
- Introduce you to new like-minded friends

If you have any further queries or would like to discuss any area of the course in more details please feel free to call me on 086 3473473